

# Hair Dressing and Beutification Leve II

Based on November 2022, Version- 1



**Module Title: Set and Dry**

**Module Code: CST HDB2 M05 0622**

**Nominal duration: 80 hours**

**Prepared By: Ministry of Labor and Skill**

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**Addis Ababa, Ethiopia**

## Acknowledgement

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## ACRONYMS

TVT	.....	Technical Vocational Training
LAP	.....	Learning Activity Performance
HSE	.....	Health and Safety Executive

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## Introduction to the Module

In hair dressing and beautification field, Materials tools and equipment Set and dry hair, Massage techniques, to know perform set and dry hair . This module design to meet the industry requirement under the hair dressing and beatification occupational standard particularly for the unit of competence Perform Set and dry hair.

### Module Units

- Materials tools and equipment
- Set and dry hair
- Massage techniques.

### Learning Objectives of the Module

**At The End Of This Session, The Students Will Able To:**

- Identify materials, tools and equipment
- Perform set and dry hair
- Perform massage techniques
- Finish touch

### Module Learning Instructions

- Read the specific objectives of this Learning Guide.
- Follow the instructions described below.
- Read the information written in the information Sheets
- Accomplish the Self-check
- LAP Test
- Operation sheet

## Unit One: Materials Tools and Equipment

This learning unit is developed to provide the trainees the necessary information regarding the following content coverage and topics:

- Personal protective equipment
- Tools and equipment for setting and drying hair
- Preparation of materials, tools and equipment

This unit will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this learning guide, you will be able to:

- List Personal protective equipment
- Identify tools for set and dry hair
- Prepare materials, tools and equipment

## 2.1 Personal Protective Equipment

What is PPE?

Personal Protective Equipment (PPE) is exactly that: equipment to protect you from health and safety risks at work. For the hair and beauty industry, recommendations from the Health and Safety Executive (HSE) recommends face coverings, gloves, aprons and - for some treatments - eye protection



Fig. 1.1. Protective equipment for salon



Fig 1. 2. Protective equipment for salon

## 2.2 Tools and Equipment for Setting and Drying Hair

Hair salon essential equipment list should include:

- All-Purpose Shears
- Blending or Thinning Shears
- Blow Dryer
- Curling Iron
- Hair Straightener
- Paddle Brush
- Comb Set
- Round Brush
- Sectioning Clips
- Salon Hairdressing Cape

Remember all the other furniture and equipment you will need—styling chairs, mats, salon stations, dryer units, shampoo areas, accessories, and lighting. But when it comes down to it, no salon is complete without the following items.

### **All-Purpose Shears**

This may seem obvious to some, but having a perfect set of shears for your business is key. It's the tool you'll be using the most, so make sure you find one that both works for your set demographic and your hands.

### **Blending or Thinning Shears**

A blending or thinning shear can help create texture and detail, along with transitions between different layers in a hairstyle. While both remove weight and smooth outlines, a thinning shear has teeth on both blades, while a blending shear has one blunt blade and teeth on the other.

### **Blow Dryer**



Fig.1 Blow dryer

This is another tool, besides the shears, you'll find yourself using the most. When you're looking for a blow dryer for your business, consider something that isn't heavy and that can cut the time it takes to dry all types of hair.

### **Curling Iron**

There are two types of curling irons—a straightforward iron and a Marcel iron. The Marcel iron uses a clamp to hold your hair in place but requires you to hold down the handle in place or the hair will fall out. The choice is yours—a Marcel iron is more precise and uniform, but the straightforward iron, or a curling wand, has more versatility.

### **Hair Straightener**

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Alongside the curling iron, you have your hair straightener—another of the three most important electrical tools you have in your salon.

This kind of straightener can also do double duty—its construction allows you to use it as a curling iron as well. If you're confident in your skills, you can do away with a separate curling iron and use a tool like this straightener!

### **Paddle Brush**

A paddle brush is integral to detangling hair. Also, paired with a blow dryer, you have a perfect way to create tension when drying hair

### **A Comb set**

A comb is the most versatile tool in your tool belt—sectioning, separating, straightening, styling is all ways to use your combs. Focus on getting a rattail comb for easy sectioning and separating and a wide-toothed comb to help to detangle.



Fig. 1.A Comb set

### **A Round Brush**

Along with your paddle brush, you need a round brush—when creating a blowout, you must have the perfect round brush for the job!

Sizing can be different depending on the length of hair and the style. When they're made of metal, they can heat up when you're using them with a blow dryer, helping to create a bouncy curl. A round ceramic brush is a key to producing shiny waves

## Sectioning Clips

They help section off parts of the hair you have already worked on or haven't yet and can help you stay organized while you're blow-drying or even coloring.

### Salon Hairdressing Cape

For a salon living in the more modern age, try a cape with a see-through window so your clients can stay on their devices and remain protected. When coloring hair in your salon, you'll need processing caps, coloring brushes, gloves, and protective equipment, mixing bowls, and a set station for completing the hair coloring. Make sure everything that you have is bleach safe.

## 2.3 Preparation of Materials, Tools and Equipment

### Must Have Beauty Salon Equipment List to Attract Clients



Fig. preparation Beauty Salon Equipment

A beauty salon is an institution that provides women with facilities to improve their appearance, including painting, manicuring, facial treatment, and massage. Equipment that is of the highest quality you can afford is always better to buy. You need to look at the beauty salon equipment like beauty salon chairs, salon trolleys, etc. as an investment that both pays for them and brings long-term profits for you. Of course, instead of buying outright, you can always lease beauty salon equipment, so look at what suits your budget best.

The kind of equipment you are purchasing depends on the kind of salon services you are planning to provide and the availability of workers to operate them. You may need a desk for the

receptionist, hair care stations, nail care products, hair salon products, hair salon supplies and beauty salon supplies, beauty salon chairs, depending on the type of salon services you plan to offer

## **Ion Facial Machines**

Salon Facial machines are important for a skilled treatment of the esthetics. Without a simple steamer or mag lamp, esthetic rooms wouldn't be full but can be improved with single or multifunction systems. Below are five basic resources that every aesthetician requires on his face computer.

## **Facial Steamer**

A facial steamer is considered one of the most valuable devices for every salon as it performs several critical tasks on clients and patients. Used mainly to help moisturize and cleanse the skin, it may also use steam to widen the pores of the skin, allowing increased blood circulation across the face and other body parts.

## **Facial Vaporizer**

A facial vaporizer, similar to a facial steamer, also combines steam and ozone to revitalize a person's face and other areas of the body. But along with this, the aromatherapy therapies also use a facial vaporizer. A vaporizer is particularly popular in day spas and can use aromatherapy to help a person not only get revitalized skin but also relax and get rid of the stresses they have experienced in their lives.

## **Ice Roller**

While many patients and clients use facial vaporizers and steamers well, many others often turn to ice rollers to help them achieve their desired results. An ice roller is mainly used to treat acne, reduce redness of the skin, to reduce lines and wrinkles, to relax the skin, and to relieve muscle pain.

## **Ultrasonic Skin Scrubber**

An ultrasonic skin scrubber is an essential tool for any aesthetician's facial machine becoming more popular with customers at day spas who want extensive facials. The ultrasonic skin

scrubber is also commonly used on patients who have undergone facelifts, ideal for clients who want deep cleaning, and full penetration of serums and moisturizers.

### **Skin Scanner**

Just looking at the mirror, we do not get many ideas about the skin problems faced by us. For the same reason, a special machine is needed. A skin scanner is often required to fully understand what's happening to their skin. Used by most estheticians to conduct an initial examination of a person's skin condition, a skin scanner relies on backlight blue lamp technology to penetrate under the skin's outer surface, exposing various conditions using fluorescent colors. By using this tool, aestheticians can detect conditions such as sun exposure below the skin's surface, obstructed pores, poor circulation, dehydrated skin, and much more.

### **Beauty Beds**

Beauty Beds form an essential part of the experience of beauty and spa. Buying premium beauty beds and beauty sofas that will keep you and your clients happy. Beauty beds provide a great way of relaxation and comfort to customers. As clients need support while receiving facial treatment, a comfortable and soft bed for facial massage is the crucial way to give their customers such feeling. The Beauty bed is also used for waxing. Most salon beds and couches are made from PVC or vinyl. This has the advantage that they are easy to clean. Some well-known brands for Beauty bed are Lotus, REM, Affinity, and many more.

### **Hair Steamers**

A hair steamer is an important device that adds moisture, restores vibrations in color, and improves hair elasticity. Another advantage of hair vaporizers is that humid heat encourages blood flow to the scalp.

### **Trolleys**

One of the most important furniture equipment is the Salon Trolley, which enables the hairstylist to have all the styling tools right next to them while attending a client. It allows the styling tools to be easily stored and portable and keeps you organized.

## Beauty Salon Chair

This is the essential beauty salon furniture you'll need for your hair salon. You will find a variety of hairstyling chairs that come in different shapes and colors.

Beauty Salon chairs are used for different activities of the salon. Some different types of salon chairs are –

- Styling chairs
- Shampoo chairs
- Dryer chairs
- And many such chairs

## Hair Stylist Tools

To keep up with your customers' numerous hairstyling demands, you'll need the new hair styling equipment. Often check out some hair styling magazines to get an idea of the latest styling devices used in this business, but here's a list of samples:

- Hair straightener
- Hair curler
- Plastic rolls / hot rollers
- Detangling brush
- Hair Sculpting tool
- Hairdryer
- Hair accessories
- Professional scissors

## Electric Massage Beds

A multifunctional treatment electric massage beds fitted with practical options including a stopping lever, foot levers, a roll holder, and rotating and interchangeable armrests. It can be moved comfortably from a chair to a treatment bed. Padding in 3 segments, easily adjustable using the three motors.

## Self-Check -1

### Part I- Say true or false

1. Trolley is One of the most important furniture equipment is the Salon
2. Salon Facial machines are important for a skilled treatment of the esthetics
3. A blending or thinning shear can help create texture and detail, along with transitions between different layers in a hairstyle
4. Beauty Salon chairs are used for different activities of the salon
5. A blending or thinning shear can help create texture and detail, along with transitions between different layers in a hairstyle

### Part II: short Answer writing

**Instruction:** write short answer for the following question.

1. Explain personal protective equipment
2. list tools and equipment for setting and drying hair
3. List and explain a comb set
4. List hair stylist tools

### Part III: blank space

- 1.1. -----is an institution that provide painting ,manicuring ,facial treatment and massage .
- 1.2. \_\_\_\_\_is an important device that adds moisture, restores vibrations in color, and improves hair elasticity

## UNIT TWO: Set and Dry

This learning unit is developed to provide the trainees the necessary information regarding the following content coverage and topics:

- Client comfort and safety
- Set hair by styling product and blow dry
- Appropriate techniques of hair setting
- Manipulated hair dryer

This unit will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this learning guide, you will be able to:

- Check Client comfort and safety
- Apply style product
- Perform appropriate of hair set techniques
- Apply Manipulate hair dryer

## 2.1 Client Comfort and Safety

One mark of a quality, stylish hair salon is the comfort of its clients. When a client comes in for the first time, the atmosphere and cleanliness are the first things noticed. The happiness and comfort of those waiting to have their hair cut, colored or styled is a good indicator of what the new customer will be experiencing very soon. Once the guest reaches the inner working areas of the salon, client comfort is equally important as stylists do what is necessary to make them look their best.

### Refreshments

While the shortest amount of wait time possible is ideal, here are just a few ways a quality hair salon can keep its clients waiting in comfort and style. When every client enters the salon, they should be warmly greeted. Their purpose and wait time should be established. Next, the front desk manager should offer them something to drink. Magazines should also be available during their wait. As soon as someone is available, their appointment should begin.

### Shampoo

Once the stylist or assistant is ready and calls them back for their appointment, the customer will likely need a shampoo. A protective covering should be draped over the client and fastened before seating them at the shampoo sink and station. When the shampoo and conditioning process is complete, a quality business will use quality terrycloth salon towels to soak up any excess water. The top of the client's head will be wrapped in a thick, thirsty towel before the stylist helps them migrate to the proper workstation. The cotton towels should be soft to make the client feel cozy and warm.

### Cutting, Coloring and Styling

For those with long or thick hair, a fresh dry salon towel will be draped about the shoulders to absorb any errant drips or runs while the stylist and customer decide together what will be done on that visit. Refreshment should be offered, and music should be playing in the background to keep the customers at ease. Once the client's process of beauty care has been done, they may need to wait while chemicals set. This should happen in another section of the salon, where something to read is offered and comfort and relaxation are noteworthy. When the stylist is almost finished with the customer, a mirror should be presented, and the client should be able to see all angles of the cut and style. When the customer is happy, they may proceed to the front

desk for check-out and to make a new appointment and feel welcome to come back as soon as possible.

## 2.2 Set Hair by Styling Product and Blow Dry

### PREPARING HAIR TO BE SET

**Choose your curlers.** The size of your rollers will determine the size of your resulting curls. Larger rollers will create larger curls and waves, while smaller rollers will create tight pin, spiral or bouncing curls.

**Wash hair.** Shampoo hair thoroughly and rinse. Use a sulfate-free shampoo to prevent dryness and keep curls from frizzing up. Use conditioner if that's part of general hair-care routine. Rinse completely and gently towel dry.

**Prepare hair for setting with a styling product.** Apply a styling product so your hair will better hold the curls once they are set. Remember, where there is more product, there is generally more hold. Choose from mousse, gel, hairspray or even thermal-activating setting spray. You can customize your curls by spraying just the ends of your hair for curls at the bottom, or spray the roots and underneath for voluminous waves

**Section hair.** Part the hair into 3 sections, 1 on top and 1 on each side of head, leaving the back hair loose. Placing curlers in 1 of these sections at a time will make the process much easier.

**Fill a spray bottle with water and keep the hair wet as you are rolling it.** There are no set times when to dampen your hair, just spritz it when you feel it is too dry to work with.

**Begin rolling the topmost section of hair.** Split each of the 3 sections into smaller sections about the width of your roller and no more than 2 inches thick. You will ultimately roll the sections in the direction you want the hair to fall.<sup>[1]</sup> Secure the hair between 2 fingers. Now, smooth the ends of the hair around the roller, holding them down until the roll is started. Continue rolling until you get to the scalp.

**Choose the direction of the curls.** Keep in mind what direction you want the curls to fall, toward or away from your face. Place the roller on whichever side you've chosen, and wrap from

there. For most hairstyles, rollers on the top of the head will be rolled backward, away from the face

**Roll the hair on the sides of your head.** Start on either side of the top and put the hair in rollers. For most hairstyles, the side rollers will be rolled in a downward direction.

### **Setting and Styling Curled Hair**

**Allow rolled hair to completely dry.** Sit under a hair dryer for 30 minutes before checking to see if your hair is completely dry. Remove 1 roller first to be sure it is dry. If not, add 10 to 15 minutes with the hair dryer before removing the rollers.

**Remove the rollers.** Unwind 1 roller at a time when your hair is completely dry. Work slowly to avoid tangling your hair. You'll find it easiest to remove the bottom rollers first and work your way up to the top sections of hair.

**Style curled hair.** Once the rollers are out, brush out the curls to loosen them. Be careful not to overdo it, since your curls should keep their shape for 2 or 3 strokes, but any more might cause them to fall out.

**Finish your hairstyle.** Once you've reached the desired curls and volume, you can complete your hairstyle. For long, loose curls, you're already finished. But you can also tie back your curled hair or secure it in place with hair pins or barrettes, just as you would if it were straight.

**Set the style.** Once everything looks just as you desire, complete setting your style by spritzing it with hair spray. Choose a spray with your desired effect, whether it's light and natural or stiff and set in place.

### **Things You'll Need**

- Shampoo and conditioner
- Hair products such as mousse, gel or styling spray.
- Spray bottle and water
- Towel
- Large hair clips
- Small hair clips
- Various sizes of hair rollers
- Hair dryer (optional)
- Hair spray

## Setting Hair with Products

**Apply mousse before styling hair.** Work a small amount of styling mousse through your hair before styling your hair to keep body and volume throughout the day. Mousse works similarly to gel except helps set your hair while also allowing the hair to move freely

**Use hair setting lotion.** Hair lotion should be applied to your hair while it is still damp. Add hair lotion after a shower to ensure that your dry hair sets. Many hair lotions require you to sprinkle it directly on your hair rather than working it through your hair with your fingers

**Set hairs type with hairspray.** Once you have styled your hair, applying hairspray can help the hairstyle last all day. Hold the can of hairspray at least 12 inches from your head to prevent the individual hairs from sticking together. Spray the hairspray under the strands and near your roots to give your hair extra volume.

## 2.3 Appropriate Techniques of Hair Setting

Techniques of hair setting

Factors that may influence setting and dressing services:

- Hair cut
- Hair growth patterns Hair length
- Hair density
- Head and face shape Hair texture
- Hair elasticity
- The occasion for which the style is required

When setting hair, you will need to consider whether volume, lift and curl are required. Hair can be rolled to sit on base or off base, and the wind can be directed to suit the style, or a brick wind can be used to avoid roller and section marks. Roller size must also be considered; if your roller size is unsuitable and too large, your curl result will be unsatisfactory and may loosen with time. If too small, the resulting curl may be too tight and the hair length may also appear shorter than expected Brick wind roller technique Briefly

describe what you're going to do to achieve the client's look and ensure they're in agreement  
.Comb the client's hair and apply the appropriate products.

Starting at the front hairline, take a section of hair that is the appropriate size for the roller you're using.

Pull the hair to give a good, even tension. Wind the hair around the roller, making sure the ends are tucked in. Roll the roller down onto the scalp and into the appropriate position at the base of the root.

Take a section of hair below and half the roller's width to the left of the roller you just secured.

Repeat step number two. You should now see the brick pattern starting to appear. Continue this pattern until all the hair has been wound. If wet-setting, dry the hair using a hairdryer or hood dryer.



Fig2.3.appropret techniques of hair setting

If dry setting, use a hood dryer to heat the hair or allow heated rollers to cool.

If wet-setting, dry the hair using a hairdryer or hood dryer.

If dry setting, use a hood dryer to heat the hair or allow heated rollers to cool. Apply product to the hair. Dress the hair into the desired style, using the appropriate tools.



Fig.2.3. Finish the style by using hairspray or a finishing product.

Finish the style by using hairspray or a finishing product .Check that the client is happy with the style, using the hand-held mirror.



Fig.2.5. Finish the style by using hairspray or a finishing product.

## 2.4 Manipulated Hair Dryer

Think about what products the client should use and ensure they know how to maintain their new style. When setting hair, the weak temporary hydrogen bonds are softened by water and heat, and hardened by drying and cooling the hair. Hair changes from its alpha keratin state to its beta keratin state during the setting process. However, hair can absorb moisture from the atmosphere which will make it revert back to its alpha keratin state and cause the style to be lost. Therefore, it is important you advise your client to avoid moist environments wherever possible. You can also use styling and finishing products to help protect the hair from the effects of moisture.

## Self Check-2

### Part I: short Answer writing

**Instruction:** write short answer for the following question.

1. Explain client comfort and safety or salon .
2. Mention things that is important to implement setting
3. Write the techniques of setting hair

### LAP Test

Task 1. Identify curlers

Task 2. Wash hair

Task 3. Section hair

Task 4. Setting and styling curled hair

Task 5. Apply a styling product

## OPERATION SHEET: Apply Set hair by styling product and blow dry

**1. Operation title:** Appling Set and Dry hair

**2. Purpose:** To understand Set hair by styling product and blow dry

**3. Instruction:** Set and dry hair

**4. Tools and requirement:**

- Shampoo and conditioner
- Hair products such as mousse, gel or styling spray.
- Spray bottle and water
- Towel
- Large hair clips
- Small hair clips
- Various sizes of hair rollers
- Hair dryer (optional)

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- Hair spray

### Steps in doing the task

- Remove of ear jewelry Wash their hands regularly with soap and water
- Keep all surfaces clean and tidy
- Ensure all tools and equipment are sterilised before use
- Dispose of any single-use items as soon as they are finished with
- Stay at home if they show any Covid-19 symptoms
- Time max.40-60 min.

**Quality Criteria:** Understand Set and dry hair service the given task

**Precautions:** To practice Set and dry hair

## UNIT THREE: MESSAGE TECHNIQUES

This learning unit is developed to provide the trainees the necessary information regarding the following content coverage and topics:

- Massage techniques
- Client response to service
- Time management

This unit will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this learning guide, you will be able to:

- Apply Massage techniques
- Follow Client response to service
- Use time allocation for massage service

### 3.1 Massage Techniques

#### Massage Techniques

- Effleurage (Stroking) Two hands, then supported one hand, to warm up.
- Petrissage (Kneading) Rhythmically grasp muscle and squeeze it with alternate hands.
- Friction Supported finger or thumb or forearm presses.
- Compression (Deep pressure) Static thumb, knuckle, or elbow for any knots.
- Tapotement (Percussion) Loose wrist fists and pinchies.

### 3.2 Follows Client Response to Service

Following up with clients

- Be pragmatic.
- Emphasize your needs with a direct subject line.
- Give a specific call-to-action.
- Keep it short and to the point.
- Retain a neutral tone.
- Make it about their best interests.
- Be persistent, but not annoying.
- It's fine to follow up for other reasons.

### 3.3 Time Management

**Time management** is the process of planning and exercising conscious control of time spent on specific activities, especially to increase effectiveness, efficiency, and productivity. It involves of various demands upon a person relating to work, social life, family, hobbies, personal interests, and commitments with the finite nature of time. Using time effectively gives the person "choice" on spending or managing activities at their own time and expediency.

- Creating an environment conducive to effectiveness (in terms of cost-benefit, quality of results, and time to complete tasks or project)
- Setting of priorities
- The related process of reduction of time spent on non-priorities
- Implementation of goals

## Self Check -3

### Part I:-Explain the following questions

1. Time management
2. Massage Techniques

## UNIT FOUR: Finish Touch

This learning unit is developed to provide the trainees the necessary information regarding the following content coverage and topics:

- Check hair condition
- Finishing touch products
- Clean place ,tools and equipment

This unit will also assist you to attain the learning outcomes stated in the cover page. Specifically, upon completion of this learning guide, you will be able to:

- Check the hair condition after dry
- Apply Finish touch products
- Asses clean, place tools and equipment

### 4.1 Check Hair Condition Refer Unit Two

### 4.2. Finishing Touch Products Refer Unit Two

### 4.3. Clean Place, Tools and Equipment

1. Always use the appropriate salon and cosmetology tools

2. Clean, disinfect, and sterilize reusable salon tools

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3. Throw out disposable salon
4. Keep your salon workspace safe and clean items

## Self Check -4

### Part One

**Instruction:-Give a brief explains for the following questions.**

1. Mention the guide line clean place, tools and equipment

## REFERENCE

- Written by WebMD Editorial Contributors
- Reviewed by Stephanie S. Gardner, MD on June 14, 2020
- SOURCE: gifrific.com
- SOURCE: vayagif.com
- <https://www.bing.com>
- Www. JSC shampooing
- [www. info@dermascope.com](http://www.info@dermascope.com)
- <https://www.salon-services.com/blogs/article?cid=..>
- [https://www.academia.edu/32583314/Salon\\_and\\_Spa](https://www.academia.edu/32583314/Salon_and_Spa)
- [https://EzineArticles.com/expert/Jeremy\\_P\\_Stanfords/428614](https://EzineArticles.com/expert/Jeremy_P_Stanfords/428614)

## DEVELOPERS PROFILE

No	Name	Qualification (Level)	Field of Study	Organization/ Institution	Mobile number	E-mail
1	KIRUBEL WONDOSAN	B-Level	Hair Dressing	Misirak P/TVET College	0924409860	
2	MESERET GIRMA	B- Level	Hair Dressing	Arsi Robe TVET College	0967263686	Mesertgermi@gmail.com