

**Instruction Sheet****Learning Guide #-1**

This learning guide is developed to provide you the necessary information regarding the following content coverage and topics –

- Identification of basic styles
- Identification of specifications and follow up as the requirement
- Correct terminologies to identify garments

This guide will also assist you to attain the learning outcome stated in the cover page. Specifically, upon completion of this Learning Guide, you will be able to –

- Identify Basic styles
- Identify and follow Specifications as required
- Use correct terminology to identify garments

Learning Instructions:

1. Read the specific objectives of this Learning Guide.
2. Follow the instructions described in number 3 to 20.
3. Read the information written in the “Information Sheets 1”. Try to understand what are being discussed. Ask your teacher for assistance if you have hard time understanding them.
4. Accomplish the “Self-check 1” in page -.
5. Ask from your teacher the key to correction (key answers) or you can request your teacher to correct your work. (You are to get the key answer only after you finished answering the Self-check 1).
6. If you earned a satisfactory evaluation proceed to “Information Sheet 2”. However, if your rating is unsatisfactory, see your teacher for further instructions or go back to Learning Activity #1.
7. Submit your accomplished Self-check. This will form part of your training portfolio.
8. Read the information written in the “Information Sheet 2”. Try to understand what are being discussed. Ask your teacher for assistance if you have hard time understanding them.
9. Accomplish the “Self-check 2” in page ____.



10. Ask from your teacher the key to correction (key answers) or you can request your teacher to correct your work. (You are to get the key answer only after you finished answering the Self-check 2).
11. Read the information written in the “Information Sheets 3 and 4”. Try to understand what are being discussed. Ask you teacher for assistance if you have hard time understanding them.
12. Accomplish the “Self-check 3” in page ____.
13. Ask from your teacher the key to correction (key answers) or you can request your teacher to correct your work. (You are to get the key answer only after you finished answering the Self-check 3).



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Information Sheet-1

Identification of basic styles

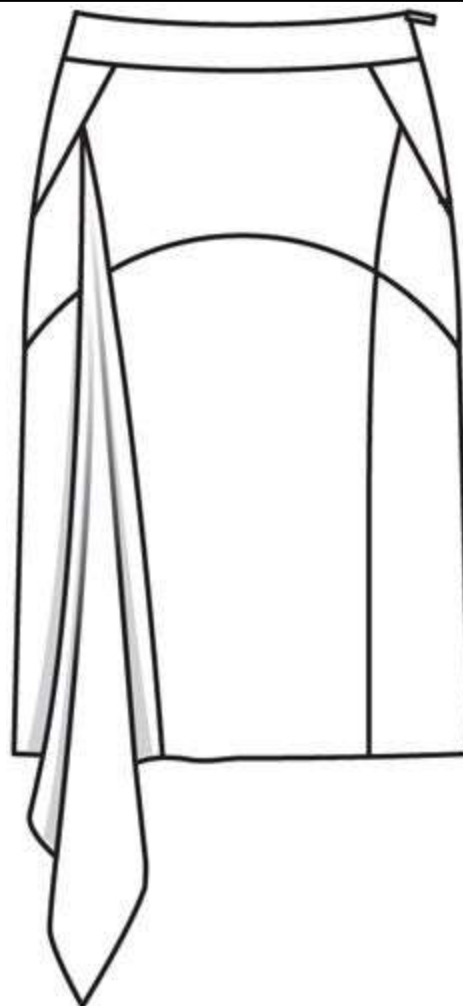
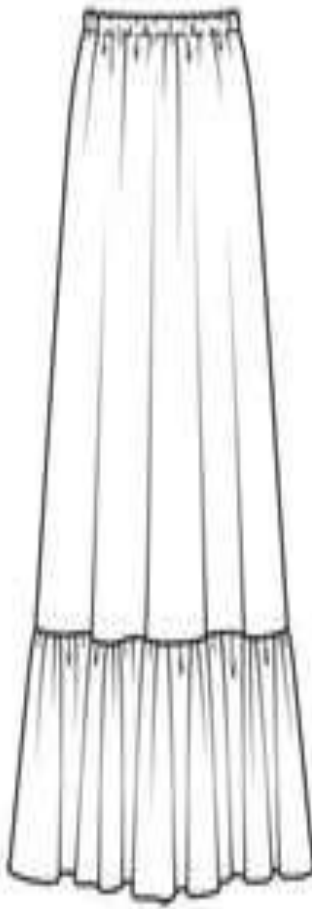
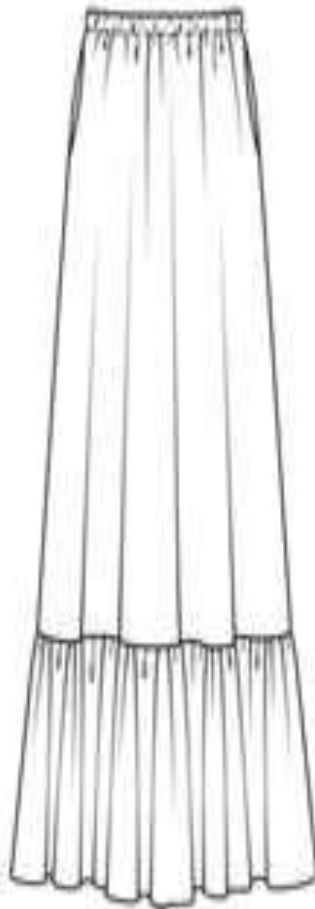
Types of some garment

2.1.1 Skirt





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- Dress



2.1.2 Ladiesjacket



Jacket for women

2.1.3 Men's jacket

Jackets come in many shapes and sizes. Both men and women wear jackets, and they can be formal or casual in style.

The jacket in our drawing guide is versatile as well. It could be a...

- Varsity jacket, also called letter jackets or letterman jackets, worn by high school and college athletes to represent their teams.
- Bomber jacket or flight jacket, originally designed for military pilots but now popular as a casual style.
- A leather jacket, often worn by motorcyclists and popularized by mid-century movie stars such as James Dean.
- A windbreaker or tracksuit jacket, often worn by athletes.

In popular culture, especially in music, television, and film, performers have worn some very memorable jackets.



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- **Coat** Leather coats are most popularly worn by motorcycle riders and sportspersons. They are also used as shooting jackets, which are sport coats with leather patches attached to the front shoulder and elbows so as to avoid wear-and-tear resulting from hunting and other outdoor sports.



Coat for Man



Coat for women



- Vest



Vest for Man



Vest for women

- T-shirt



T-shirt for women



T-shirt for Man

2.1.4 Trousers

Trousers

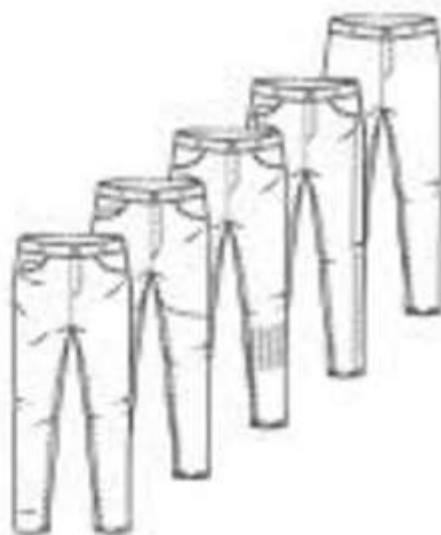
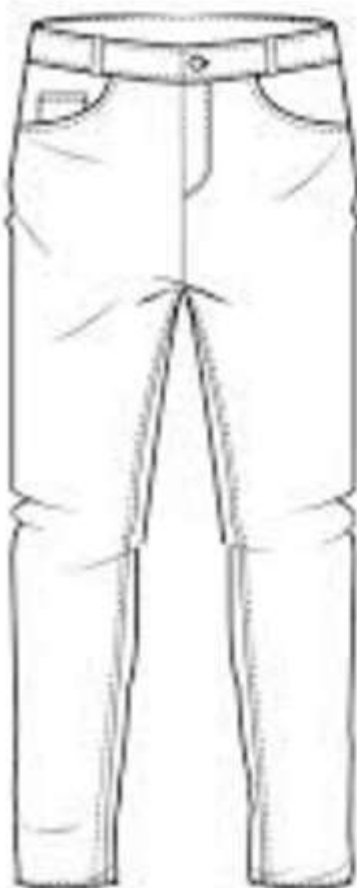


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Short are a bifurcated garment worn by both men and women over their pelvic area, circling the waist, and covering the upper part of...



Short for Man



Short for women



2.1.5 Childrenjacket





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Self check-1

Written test

Directions: Answer all the questions listed below. Use the Answer sheet provided in the next page:

I. Answer the following question briefly

1. Describe different basic styles of men? (3pts)
2. Write two types of leather pants or trousers? (3pts)
3. Explain the difference between short and trouser(5pts)

Note: Satisfactory rating - 10points

Unsatisfactory - below 10points

Answer Sheet

Score = _____

Rating: _____

Name: _____

Date: _____

Test I Short Answer Questions

1. _____

2. _____

**Information Sheet-2**

Identification of specifications and follow up as the requirement

Introduction:

Garments specification sheet is an important document for manufacturing any garments. The main objects of providing garments spec sheet to the manufacturer is to facilitate the whole processes of **garments manufacturing**. As its importance in **readymade garments sector**, today I will present here a details discussion about the garments specification sheet.

Definition of Garments Specification Sheet:

Garments specification sheet is a document of a product which contains the sketch of garment design, fabric construction etc. It is provided by the **buyer** to the garment merchandisers at the beginning of a **garment export order**. Garment merchandisers normally receive garments specification sheet in soft copy (PDF file) from the buyer.



Garments Specification Sheet



By following this document, **garment merchandiser** can run the others merchandising procedure of that product such as **consumption, costing** etc. It should be noted here that, garments specification sheet can be corrected after developing **sample**. In RMG sector, it is also known as garments spec sheet, specification sheet or garment spec.

Key Points of a Garments Spec Sheet:

Normally garments specification sheet contains the following key points:

1. Sketch or design of the product,
2. Measurement chart,
3. Printing instruction,
4. Embroidery instruction,
5. Stitch instruction,
6. Garments washing instruction,
7. Accessories instruction,
8. Different label instruction,
9. Necessary comments related to the product.

All the above key points have discussed in the below:

1. Sketch or design of the product:

Sketch or design means the basic outlook of the required item. It is confirmed by the buyer. He can make it by using computer.

2. Measurement chart:

Measurement chart or measurement sheet contains various size measurement of the required item. By following this sheet pattern has to develop.

3. Printing instruction:

Printing instruction contains various information about the required print for the item. **Printing** instruction means print size, print location etc.

4. Embroidery instruction:

Embroidery instruction contains different types of information about the required embroidery for the definite item. Embroidery instruction means embroidery size, embroidery location etc.



5. Stitch instruction:

Stitch instruction contains various info about the stitch required for the item. Stitch instruction means stitch type, stitch thread types etc.

6. Garments washing instruction:

Sometimes garment has needed various wash effects which is instructed here. Garments washing instruction means types of wash, softness, hardness etc.

7. Accessories instruction:

Accessories instruction contains different information about the required types of accessories needed for the garment.

8. Different label instruction:

Label instruction contains various types of label such as main label, care label, size label etc.

9. Necessary comments related to the product:

If buyers seemed to deliver some comments related to the required garments manufacturing methods then he can use this option.

How to Make a Spec Sheet for Garments

What is garment spec sheet or tech pack?

A garment specification sheet or spec sheet is a technical document that contains the construction details of the product, a technical diagram/ sketch of the garment, measurements of the product. Specification sheets are the blueprint of a product, sometimes referred to as the technical pack or tech pack, and should be as comprehensive as possible. It should be a complete package, covering all aspects of the product, including package and labeling. Core lines or styles derived from core lines need as much detail as possible; they are basics, the bread and butter lines, and they should be regularly reviewed, adding and amending information, where necessary, helping manufacturers to maintain or improve quality standards and also helping new suppliers to make correct samples with an accurate costing.



The spec sheet is first initiated when the buyer allocates a reference number, confirms the supplier style, colors, sizes, and fabric details. It is then usually the quality controller's job to be a nuisance and chase (remind) whoever necessary for any missing information to complete the picture.

A garment spec sheet can originate from several sources; the following are some of the most common:

- Buyer or designer discussing new ranges directly with the factories and arranging for approval samples to be sent at the head office. (The buyer may give samples bought in local stores to create specifications to take with on the buying trip or use the suppliers spec sheet for initial reference.)
- If company has its own pattern and sample room, the initial Spec sheets will be created at the same time the samples are made.
- Creating new variations from existing style specifications.
- Using existing specification sheets that require updating.

When received initial samples from the supplier for evaluation, please ensure that the buyer has seen and approved each garment first. This will include trying the garments on a figure to ensure that they fit correct and amendments to the size chart and specification might be necessary at this stage.



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Self check-2

Written test

Answer the following question briefly

Part A: Fill the blank space (2pts each)

1. Contains various info about the stitch required for the item Stitch instruction means stitch type, stitch thread types etc.
2. Contains various types of label such as main label, **care label**, size label etc.

Part B: short answer

1. What is specification?(2pts)
2. Prepare jacket specification(5pts)
3. List different key points found in specification(6pts)

Note: Satisfactory rating - 15points

Unsatisfactory - below 15points



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Answer Sheet

Score = _____

Rating: _____

Name: _____

Date: _____

Part A: Fill the blank space

1. _____
2. _____
3. _____

Part B: short answer

1. _____

2. _____

3. _____

**Information Sheet-3**

Correct terminologies to identify garments

Terminology related to pattern construction:

Grain: the direction in which the yarn is woven or knit (lengthwise grain or warp, crosswise grain or weft)

Selvedge: the narrow, firmly woven, and finished strip on both lengthwise grain edges of the woven fabrics.

Muslin: a plain woven grey fabric made from bleached or unbleached corded yarns in variety of weights.

Bowing: condition of fabric that is off grain due to yarns not at true right angle with each other.

Pattern Grading: proportionally increasing or decreasing the size or shape of an original pattern within a give size range.

Land Marks: designated points around the body that corresponds with those of the form.

Dart: a wedge shape cut out in a pattern used as a means of controlling the fit of the garment. It has legs, intakes and points.

Ease: the even distribution of fullness without forming gathers.

Template: patterns one fourth or one half the regular pattern.

Horizontal balance line: A straight line parallel with the floor.

Block Pattern: it is the foundation pattern that reflects the size, shape and posture.

Style Number: it is an identification number used to code the pattern set.

Notches: It is illustrated as a straight line with a cross mark at the end. It is mainly used for identification of front and back, identification of joining parts, ease and gather control, centre line and seam allowance.

Seam allowance: It is an extra part added on the final pattern for proper stitch of the joining parts with sufficient allowance and proper joining of parts



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Self-Check -3

Written Test

Directions: Answer all the questions listed below (2pts)

1. What is Block Pattern?
2. What is Style Number?
3. What is Notches?
4. What is the use of Notches?
5. What is Seam Allowance?
6. What is Grain?
7. What is Selvedge?
8. What is Muslin?
9. What is Pattern Grading?
10. What is Land Marks?
11. What is Dart?
12. What is Ease?
13. What is Template?
14. What are the Three Major Patternmaking Principles?



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Answer Sheet

Score = _____

Rating: _____

Name: _____

Date: _____

Test I Short Answer Questions

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____



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9. _____

10. _____

11. _____

12. _____

13. _____

14. _____



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LAP Test

Practical demonstration

Name: _____ Date: _____

Time started: _____ Time finished: _____

Instructions: Given necessary templates, workshop, tools and materials you are required to perform the following tasks within 3 hours.

Task 1: prepare specification sheet for leather jacket